

武道



For Foreign Exchange Students and Embassy Staff

7th. International Seminar of BUDO CULTURE

Through lectures and practical experience in nine modern budo arts, the seminar provides foreign exchange students and foreign embassy staff in Japan with knowledge on the history, theory, and techniques of Japan's traditional budo culture. The seminar aims to contribute to the development and understanding of budo outside Japan and to foster international goodwill.



You can Experience Budo!



Seminar Duration: March 7 (Fri.) to March 9 (Sun.), 2025

Seminar Venue/Accommodation: Nippon Budokan Training Center (Nippon Budōkan Kenshū Sentā)

Address: Sawakura 582, Katsu'ura-shi, Chiba-ken, 299-5231



■ **Seminar Languages:**

Lectures and instruction will be in Japanese with English interpretation provided.

■ **Intended Participants:**

- (1) foreign exchange students studying in Japan.
- (2) foreign diplomats and staff members of diplomatic missions in Japan.
- (3) foreign budo practitioners recommended by an affiliated budo organization.

* Participants must meet one of these criteria but budo experience is not necessary.

■ **Registration Limit:** 80 participants

■ **Participation Fee:** Free

■ **How to Apply:**

Scan the QR code, and fill in and submit the application form.
* The form is also available on the Nippon Budokan homepage.

■ **Application Deadline:** January 24th (Friday), 2025

* Registration intake will stop once the participant limit has been reached.
* Letters confirming participation status will be posted after the intake has finished.

■ **Costs:**

The Seminar is held at the Nippon Budokan Training Center in Katsu'ura City, Chiba Prefecture, and participants will be provided free on-site accommodation and meals, but are responsible for their own travel expenses to and from the venue.

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7th. International Seminar of BUDO CULTURE SCHEDULE

March 7th (Fri)		March 8th (Sat)		March 9th (Sun)		
		7:00	Breakfast	7:00	Breakfast	
		8:00	Break	8:00	Break	
		20	Budo Experience (3) (40 mins including Q&A)	20	Participant Presentations <80 mins>	
		9:00	Break	9:00		
		15	Budo Experience (4) (40 mins including Q&A)	40	Break	
		10:00	Break	10:00	Lecture (2) "The History of Budō" Susumu Nagao (Professor - Meiji University) <60 mins plus 20 mins for Q&A>	
		25	Budo Experience (5) (40 mins including Q&A)	11:00		
		11:00	Break	20		
		5	Budo Experience (6) (40 mins including Q&A)	30	Closing Ceremony	
		20			End of Seminar	
		12:00	Break / Lunch	12:00	<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Katsu'ura Station Departures, Sotobō Line (Sunday times)</p> <p>12:07 Express for Tokyo 13:01 for Kazusa-Ichinomiya 14:01 for Kazusa-Ichinomiya 14:32 Express for Tokyo</p> </div>	
13:00	Participant Registration	13:00		15		
						Lecture (1) "Tempu Nakamura & Anjodazaho(Tempu style zen meditation method)" Kunio Takano (Certified Instructor - Tempu Society) <60 mins plus 20 mins for Q&A>
14:00	Assemble	14:00		35		
	Opening Ceremony			45		Commemorative Photograph
	Orientation					Break
15:00	Instructor Demonstrations of the nine budō arts <80 mins>	15:00	Budo Experience (7) (40 mins including Q&A)	40		
						55
16:00	Break	16:00	Budo Experience (8) (40 mins including Q&A)	35		
				50		Break
17:00	Budo Experience (1) (40 mins including Q&A)	17:00	Budo Experience (9) (40 mins including Q&A)	30		
					Break / Bathing time	
18:00	Break	18:00				
	Break / Bathing time					
19:00		19:00				
	Welcome Reception / Dinner		Dinner			
20:00		20:00				
			Free training time			
21:00		21:00				

Note: This schedule is subject to change at short notice.